

## DISCUSS THE IMPORTANCE OF MUSIC EDUCATION TO THE QUALITY CULTIVATION OF PRIMARY AND MIDDLE SCHOOL STUDENTS

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### ABSTRACT

Music education in primary and middle schools, as an important link in music education, is very key to cultivating students' music perception and improving learning efficiency in primary and middle schools, which is an important measure of quality cultivation of primary and middle school students. New schools in modern Chinese music curriculum to make music gradually formed an independent subject, and in the implementation of music education of students' quality in students education has an important role, in the new curriculum reform, advocate the implementation of quality education, cultivate students 'morality, intelligence, and physique, beauty, labor comprehensive development, music education as a branch of aesthetic education, not only can set a good learning atmosphere for students, also can improve the students' artistic understanding and edify the artistic sentiment.

**Keywords:** Music education; quality training; primary and middle school students

As an important art form of human emotional expression, music can satisfy people's spirits and enrich people's spiritual world. Music education in primary and secondary schools can be divided into school education and after-school education. In-school education will incorporate music education into the nine-year compulsory education work, so as to cultivate the comprehensive quality of primary and secondary school students and realize quality-oriented education in a real sense. After-school education means the voluntary additional education in the after-school training structure, which has a certain effect in improving the music level of primary and secondary school students [1]. No matter where to receive music education, it has important practical significance for the quality cultivation of primary and middle school students. At present, music class has become one of the compulsory courses in primary and secondary schools, and the stage of primary and secondary schools is also the most important period of education. In this period, carrying out music education is of great significance to further promote the improvement of the comprehensive quality of primary and secondary school students and make the all-round development of students. In this regard, this paper aims to analyze the importance of music education on the quality cultivation of primary and middle school students, in order to further realize the importance of music education in the education of primary and middle school students.

**First, the connotation of music education**

In the process of carrying out quality-oriented education in primary and secondary schools, music education is incorporated into mass education, which means that this education mode is applicable to all primary and secondary school students, which is determined by the characteristics of quality-oriented education itself, that is, quality-oriented education to improve the comprehensive quality of primary and secondary school students as the main goal. Under the guidance of such an educational concept, music education in primary and secondary schools should ensure that all students have the right to receive education, which also plays an important role in promoting the all-round development of primary and middle school students [2]. The implementation of music education in primary and middle schools is of great significance to promote the all-around development of primary and middle school students. Therefore, schools should take the cultivation of music literacy of primary and middle school students as the main goal, and strive to make students form correct values. The implementation of music education can continuously improve the musical literacy of primary and middle school students and lay a good foundation for the improvement of their comprehensive ability. In addition, under the concept of quality education, music education must also fully face up to the actual needs of primary and middle school students, develop music education content and education methods suitable for primary and middle school students, so that students can receive music education in a relaxed and harmonious atmosphere.

## **Second, the importance of music education in the quality training of primary and secondary schools**

### **(1) Music education is an important way to implement quality education**

Music education has unique aesthetic characteristics, which makes music education in quality education with other education type do not have the advantage, such as Music education can use audio equipment for students with auditory aesthetics, make students relax the body in music, fully feel the charm of music, and let the emotions of primary and middle school students comfort express their inner feelings. Thus it can be seen that the beauty of music education is incomparable to other courses, and carrying out music education in primary and middle schools is an important means to effectively realize quality-oriented education. Although the aesthetic tendency and aesthetic ability improvement of primary and middle school students can not only be completed by music education, the influence of music education on the quality cultivation of primary and middle school students is impossible to achieve in other disciplines, which is mainly reflected in the improvement of students' aesthetic ability and the vividness of courses. In the current quality education in primary and secondary schools, music education is an indispensable component. The purpose of music education is to make primary and middle school students a comprehensive understanding of the specific content of music teaching materials and related materials, improve the aesthetic ability of primary and middle school students on the whole, and then improve their comprehensive quality[3]. It can be seen that the importance of music education to the quality cultivation of primary and middle school students cannot be ignored.

### **(2) Music education is a power to promote students' all-round development**

In modern education, the traditional exam-oriented education has been eliminated, and the current educational concept pays more attention to the cultivation and improvement of student's professional skills and comprehensive quality, so modern education attaches more importance

to quality-oriented education, and the comprehensive development of students is regarded as the main direction of education work. In the process of carrying out comprehensive quality education, we will not only inherit the advantages of Chinese traditional education but also actively absorb more foreign open education ideas, so as to form a unique comprehensive education mode, which makes it more suitable for the current comprehensive development needs of primary and middle school students [4]. For primary and middle school students to carry out the fundamental purpose of quality education is to promote primary and middle school students to give full play to their personality characteristics, provide students' own value implementation important conditions, committed to the development of primary and middle school students, for their interest to create a reliable platform, so that the music quality and comprehensive quality has improved significantly. Because music education is one of the important ways to carry out quality education, it can not only improve the artistic appreciation ability and aesthetic ability of primary and middle school students, but also cultivate the interests of primary and middle school students, promote the development and improvement of other quality, and truly realize the all-round development of primary and middle school students.

### **(3) Music education is conducive to the ideological and moral cultivation of primary and middle school students**

Due to the age of primary and middle school students being small, world outlook and outlook on life is not mature, need the school to guide and education, especially the primary and middle school students thinking is agile, and have strong curiosity, to accept new abilities is stronger, but their thought is simple, discrimination ability is poor. Music education can use positive and healthy music works to touch students' hearts, have a subtle positive impact on their ideology, and improve students' ideological realm [5]. The reason is that music as a form of expression, can express works and creators, positive music education, can make the students in the process of learning music understand the work of emotion, motivate students to develop good ideological and morals, regulate the behavior of students, the role of music education.

### **(4) Music education is conducive to promoting the improvement of the intelligence of primary and secondary school students**

It is found that effective music education has a certain balance effect on human brain function, and reasonable stimulation of the cerebral cortex, which is conducive to the development of students' intelligence [6]. The primary and secondary school stage is the key period to improve students' ideological quality. Through correct music education and scientific teaching methods, it can play a role in the improvement of students' quality and all aspects, such as memory, attention, and perception ability, so as to improve students' imagination ability and creative ability and promote the improvement of students' intelligence. In addition, the development of music education, and the improvement of primary and middle school students' creativity and imagination also have an important role, to improve the students' understanding ability and learning ability, and a variety of music works, primary and middle school students in a variety of music learning can make their own knowledge and horizons, to strengthen the primary and middle school students of their own and society.

**(5) Music education is conducive to the cultivation of the psychological quality of primary and middle school students**

The presentation of various kinds of music art in music education can make students a comprehensive understanding of the essence of the art, in the profound music experience, understand the incentive role of music, and cultivate primary and middle school students to develop healthy psychological emotions. Research points out that scientific and healthy music can have an inhibitory effect on the bad emotions of primary and middle school students, to purify the students' minds. The reason is that people will have different emotional experiences in listening to different music, and emotions are easy to change with the change of music [7]. In addition, students can also choose their own music types according to their own actual needs, play a role in alleviating bad emotions, under the influence of the improvement of music, and maintain a positive and optimistic attitude, so as to form a good psychological quality.

**(6) Music education is conducive to improving the physical quality of primary and middle school students**

The content of music education, is closely related to the physical quality of primary and middle school students. For example, integrating music education in sports, it can not only present a new artistic style but also let students get physical exercise in the process of exercise so that their physical quality can be improved [8]. And use music education in primary and secondary school education can also combine music's expression of perception and movement effectively, let the students in the rhythm of music for physical exercises, such as radio gymnastics, and big recess activities playing brisk music, can drive the student's movement, improve the physical quality of primary and middle school students, promote the healthy growth of primary and middle school students. In addition, music education can also be used in the collective activities of primary and middle school students, in the collective activities to promote students 'interpersonal communication, cultivate students' team spirit, and further improve the communication and expression ability of primary and middle school students.

**Third, the conclusion**

To sum up, in the current education work, quality education has become an important leading component, music education plays a very important role in cultivating the quality cultivation of primary and middle school students, and also has an important impact on the physical and mental development of primary and middle school students. Music education is not only an important means to cultivate the comprehensive quality of primary and middle school students, but also the key content of the comprehensive quality training. Through the implementation of music education for primary and middle school students, it is of great significance to continuously improve their music knowledge and skills, to improve the aesthetic ability of primary and middle school students and the cognition and understanding of art, and to promote the comprehensive cultivation of the quality of primary and middle school students. Thus, schools need to ensure that music education to effectively implement, and constantly update its education idea, music education and quality education for organic integration, let primary and middle school students gain in music education, in aesthetic education, and promote the comprehensive ability of primary and middle school students, and realize the improvement of the comprehensive quality of primary and middle school students.

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